

ADVANCED SECONDARY TRAUMA TRAINING FOR SUPERVISORS

A training from the Western Regional
Recruitment and Retention Project

Butler Institute for Families

UNIVERSITY OF DENVER GRADUATE SCHOOL OF SOCIAL WORK

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Agenda

Day One

- ❖ Introductions and Scavenger Hunt
- ❖ Review of Key Concepts
- ❖ Supervisor Issues in Dealing with Secondary Trauma
- ❖ Hardiness

Day Two

- ❖ Supervisor Interventions
- ❖ Practice Application with Video Vignettes
- ❖ Self-Care Strategies for Workers and Supervisors
- ❖ Wrap up and Evaluation

Training Competencies and Learning Objectives

Competency 1

The supervisor will understand the components of secondary trauma and its affect on their workers and themselves.

Learning Objectives

- a. Differentiate secondary trauma from other forms of stress.
- b. Explain why supervisors and workers are at risk.
- c. Differentiate between secondary trauma experienced by workers and supervisors.

Competency 2

The supervisor will know strategies to better manage secondary trauma within their unit.

Learning Objectives

- a. Understands their role in helping workers deal with secondary trauma.
- b. Defines 'hardiness'.
- c. Knows ways to facilitate 'hardiness' in their workers.
- d. Able to coach a worker through a secondary trauma situation in a practice session.
- e. Knows a menu of self-care strategies to assist their workers and themselves through secondary trauma situations.